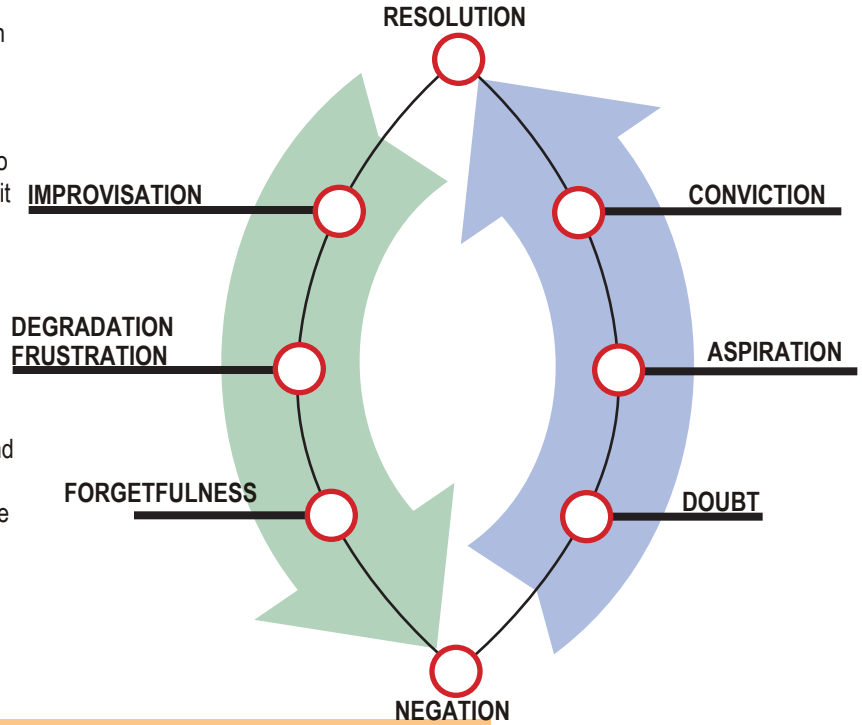# The resolution

The following material aims to clarify different situations in which people can find themselves regarding the state of Resolution, the exits aiming to the development of a process as well as that which deviate or detain it.
This work intends to recognize the placement in regard to the state of Resolution and the projection of a correct exit for each case.

EXERCISE:
a) Observe this graph and slowly read each square of this table. Base on your own registers, place yourself in the corresponding state regarding the Resolution.
b) Observe the ascending and descending directions according to your location, make different comparisons and relations.
c) Make an action plan leading toward achieving the state of Resolution.

RESOLUTION

IMPROVISATION — CONVICTION

DEGRADATION FRUSTRATION — ASPIRATION

FORGETFULNESS — DOUBT

NEGATION

RESOLUTION	**POSITIVE:** Situation of affirmation and certainty about the new taken direction (Permanent Action) Previous situations appear as simple remembrances without the previous negative "charge." The best is rescued and the worst is "forgotten." (setting up of a Project)

IMPROVISATION	**NEGATIVE:** The lack of "certainty" due to the tasks' immediate results, leads to the generation of new actions in order to "speed up" or guarantee the process (situational vision.) This "impatience" leads to "improvisation" generating a chain of accidents and deviating from the direction.	CONVICTION	**POSITIVE:** One is already working in the new direction (there are clear indicators) and while advancing the previous situation looses the negative "charge." One gain in certainty and faith in the future.
DEGRADATION FRUSTRATION	**NEGATIVE:** Resistances about the concrete action leads to personal degradation, that of the immediate environment and our own project. Then the frustration of that intent arrives and one and every thing we aspire in a moment, fall into forgetfulness	ASPIRATION	**POSITIVE:** The previous situation is already regard as very detrimental. The need for change becomes evident. Images appear that accompanies the register of enthusiasm for the change.
FORGET FULNESS	**NEGATIVE:** When facing the first imaginaryresistances, one retreats looking for a refuge in previous situations, negating all new posibilities. One returns (as a maximum resistance) to the Negation close circle.	DOUBT	**POSITIVE:** The previous situation becomes relative allowing the glimpse of new possibilities for change, growth and future.

NEGATION	**NEGATIVE:** State where the impossibility of change, development and evolution (due to resistance) is "affirmed". "There are not exits for the present situation, there is no future" (there is no project.)

INFORMATION